

## Quick Guide to Blood Glucose Monitoring Equipment

Patient Type	Meter	Strip	Lancet
Type 1 patients	CareSens Dual	CareSens Pro KetoSens	CareSens 30G lancets OR Unilet ComforTouch
Type 1 patients Carb counting	FreeStyle InsuLinx	FreeStyle Lite	Unilet ComforTouch
Type 2 patients	GlucoRx Nexus meter  Roche Accu-Chek Performa Nano	GlucoRx Nexus  Performa Nano	GlucoRx lancet OR Unilet ComforTouch Fastclix Drum
Visually impaired	Nexus Voice	GlucoRx Nexus	GlucoRx lancet*

### NOTES

- The needle of choice is BD-viva
- For Type 2 patients not on insulin only those on oral sulphonylureas should definitely be testing due to the recognised risk of hypoglycaemia
- If patient is using an insulin pump please check with Diabetes Centre re BGM/strips
- If patient is visually impaired\* or has dexterity issues a Unistix 3 lancet may be considered

### CONTACTS

GlucoRx – David McCann 0758 4621363 [david@glucorx.co.uk](mailto:david@glucorx.co.uk) Head Office 01483 755133

Spirit Healthcare – Jim Swift 07880 385464 Head Office Freephone 0800 8815423

Roche Diabetes Care Hayley Counce, 07725 220425 [hayley.counce@roche.com](mailto:hayley.counce@roche.com) Careline 0800 040 7221

**Healthcare Professional** should be using a CareSens Dual meter. Strips to be ordered as before through stores Care Sens Pro (50) PECOS 4034930 and KetoSens (10) PECOS 4034948. Following for HCPs only..

BD-Autoshield Duo needles PECOS 189649 and Sterilance Lite II (1.8mm/28G) lancets PECOS 143276

Those not on Pecos will still send their requisitions to Procurement.