

## **Community Pharmacy Referral Guide**

Please note: All services described below are at the discretion of the Pharmacist.



### **Minor Ailments Service- Advice and Treatment for:**

- Aches and pain (minor)
- Allergy
- Athletes foot
- Cold sores
- Conjunctivitis (1+ years old)
- Constipation
- Cough
- Diarrhoea
- Dry eyes
- Ear wax
- Eczema
- Haemorrhoids
- Hayfever
- Head lice
- Indigestion/ heartburn
- Mouth ulcers
- Nasal congestion
- Teething
- Thrush
- Sore throat
- Threadworms
- Warts/Verrucas

### **Emergency contraception (levonorgestrel/ulipristal)**

- 13 years +
- Unprotected sexual intercourse/contraceptive failure within 72 hours (up to 120 hours for ulipristal)

### **Impetigo (topical fusidic acid)**

- 2 years +
- Affecting one area of body

### **Uncomplicated UTI; (trimethoprim)**

- **Exclusions:** Males, females <16yrs and >65yrs, pregnancy, blood in urine, diabetes, recurrent UTIs

### **Smoking Cessation Service**

NB Nicotine Replacement Products should not be prescribed by GPs. Patients should be referred to a Community Pharmacy of their choice or the Smoking Matters Service.

- 12 week service to stop smoking (Community Pharmacy)

**Unscheduled Care – Community Pharmacy Urgent Supply (CPUS);** For patients registered with a Scottish GP\*

Pharmacies can provide an urgent supply of medication in certain circumstances where a GP is unavailable. Examples include:

- Patients who have run out of medication.
- Patients recently discharged from hospital with new medication and not arranged a new script from the surgery in time.
- Where the item originally prescribed by the GP is out of stock and an alternative is available.
- If medication is lost.
- If patients drops and breaks a bottle of medication etc.

\*For patients not registered with a Scottish GP, the Pharmacist may provide an 'emergency supply' (patient would be expected to pay the actual cost of the medicine).

**Gluten Free products** should be provided by Community Pharmacy if the patient has a diagnosis of coeliac disease or dermatitis herpetiformis.